

Nangoan aia Kabanemwane Taan Mwakuri man Tebetebeke ibukin Mwakuri n Kuakua aika Bobonga Riki ao Bwainaoraki man Medibank.

Aikai kamitotoan mwakuri n kuakua ao katoki aoraki ake a katauraaoaki man mwanenakin. Taiako n karaua raoi n warekia ao n kawakinna n te tabo ae mano ibukin kainanoana nakon taai aika imwaim. Ibukin am kan ataia ae tamaroa riki bwa e na kangaa mwanenakin ni mmwakuri ao taraa am Boki n Kairiri ibukia Membwa, are kakimototoan ara Tua ibukin Te Mwane n Buoka ao kainibaire, ke tareboniira iaon **132 331**.

Mwanenakin Aorakim n te onaoraki

Mwanenakin Aorakim n te onaoraki e kona ni mwaneni taian mwakuri ni kuakua ake a karaoaki nakoim n am tai n tiku n aoraki n te onaoraki, ngkana ko rin n aoraki ao ko bon mwaneniko.

Aikai mwakuri ni kuakua ake n rin ao aike aki rin iaan Mwanenakin Aorakim.

Ko bae ni manga kabwaka mwane-man-buam ngkana e nang riaon ara tia ni boo. Imwain kabaeam am tai ni bwainaoraki, tareboniira moa n titiraki ibukin bakao ake a kona n reke iroum, e kona n totokoa banen kanoan am buua.

Mwakuri ni Kuakua ake a Kariaiakaki ke aki kariaiakaki	
Te riring ke te kakammwakuri n kaoka korakoran te aoraki man ikoakina ke aorakina	✓
Kuakua ibukin aorakin te iango	✓
Kuakua ibukin aoraki ake akea bwainaorakiaia	✓
Kaburoro ao ian te kanamakin	✓
Mata (tiaki te riki ni mata)	✓
Te tanninga, te bwairi ao te buua.	✓
Bwakabuua, tauran buua ao bwainaorakian te buri n tanninga	✓
Te rii, te toma ao te mwatireti.	✓
Karoan toma n rii	✓
Kirine ao kai ni mim	✓
Ana bwai ni kariki te mwane	✓
Kanoannano	✓
Kaokan te tibu ni kanoannano ao marakin te appendix	✓
Katarataran te Kanoannano	✓
Aorakin kiia aine	✓
Bwaka natim ao te kabwakabwaka	✓
Bwatinin, te bwaiaoraki nte Xray ao bukan tautian te rabwata ibukia ake a kaentia*	✓
Tarataraan te maraki	✓
Te kun	✓
Korokoro n te mamma (e kariaiakaki man te onaoraki)	✓
Bwaiaorakian te Tioka (akea te insulin pump)	✓
Te buro ao ian te rara	✓
Te mamma ao te bwabwa	✓
Te rara	✓
Te nuuka, roroa ao te ri n nuuka	✓
Kanakoan te mwaka ao kateiraon te rabwata (ena kariaiakaki man te onaoraki)	✓
*Te mwakuri n kuakua i aon te wii	✓
Te mwakuri n kuakua i aon te wae (e katauraaoaki iroun te tia mwakuri n te kuakua i aon te wae)*	✓
Karinakin bwain bukan te kakauongo	✓
Te rea ni mata	✓
Onean taian toma n rii	✓
Raumeaan te rara ibukia ake a buakaka aia kirine	✓
Te bikoukou ao te bung	✓
Mwakuri n buoka te kakariki	✗
Te korokoro ibukin te kabwaka rawawata	✓
Bwamin te insulin	✓
Katokan te maraki ma te bwai ni mwakuri	✓
Kamatebwaian te matu	✓

* Ti ti nangoa te kabanemwane ibukin te korokoro iaon te kaentia ae e irekereke ma mwakuri n kuakua ake a Kariaiakaki iaan mwanenakin.

^ Ibukin te Mwakuri i aon te wii are e karaoaki iroun taokitan te wii ma tiaki iroun te tia mwakuri n te kuakua ao ti ti kona n nangoi kabanemwane n irekereke ma ana tiaati te onaoraki. Ngkana te mwakuri ni korokoro e karaoaki iroun te tia mwakuri n te kuakua ao n kakoauaki raoi bwa te mwakuri ni kuakua e aitaraoi ma te MBS, ao ti na kabwaka mwane nakon ana tiaati te onaoraki ao ana tiaati i aon te kuakua.

^ Ibukin te Mwakuri ni kuakua i aon te wae ao ti ti nangoa te kabanemwane man ana tiaati te onaoraki. Akea te MBS ibukin te mwakuri ni kuakua i aon te wae. Are nanon aio bwa tiaki kabwakamwane ibukin ana tiaati te tia mwakuri n kuakua i aon te wae i aan buokam n te Onaoraki ao e na kona n reke ae kona kabanemwane bon man am buua.

Tera nanon aei?

- ✓ **Mwakuri ni kuakua aika katauaki**
Mwakuri ni kuakua aika katauaki aikai ake tina kabooa iai tikum man rokom ni ua e bong, te tararu ae taubobonga, ao am bwain aoraki ake kona anganganaki (MBS) ngkana a roko booia.
- ✗ **Mwakuri ni kuakua aika aki katauaki**
Mwakuri ni kuakua aika aki katauaki aikai ake tina aki kabooi, n aron boon tikum ke am mwakuri n kuakua.

Mwakuri aika okioki ao Boutokan mwakurin te onaoraki
Iai ibuakon Rinanin nako Bwainaoraki aika a kona n Nangoaki Booia (Medicare Benefits Schedule) aike a nako naba iaan boutokan mwakuri n te onaoraki tina kabooi naba akanne. A reke aikai i aan anne n aron kakawaram-nte o n aoraki ao scan tabeua, tutuo ao iti ni kamatenten ake ana irekereke ma karinakin nte o n aoraki.

Ana mwakuri n ibuobuoki te Amburanti
Akea Tian anakim iaon Aotiteria-ni kabutaa. Ibukin kawaram irovia taan mwakuri man te Amburanti ke anakim nakon te o n aoraki ike ko kainanoa noram ae katawe ke aorakim e a kangabuakaa aron uotam nakon te o.

Ana mwaanga te onaoraki ibukin kabuanibwai ao aoraki aika kataweaki ibukin te botanaomata
Ngkana ko kan kawara onorakin te tautaeaki ibukin kabuanibwai ao aoraki aika karina, tina kabwaka 100% 'boon tikum' ake a tiaatinaki man te onaoraki ibukin kawaran te aia mwaanga ibukin aoraki aika a karina.
Te kabwakamwane e aki rooti bwain aoraki ni kabane ao kona manga kabooa-man-buam am x-ray, tutuo nte rara ao ai ana tiaati te taokita are riaon ara tia ni boo.

Ti aki kabooi mwakuri ke bwai n aoraki ni katikiraoi ngkana akea ibuakon bwain aoraki ake ko riai n anganganaki (MBS). Iaan Mwanenakin Aorakim, ti aki kabooi bwai n aoraki ake akea inanon Bwainaoraki aika a kona n Nangoaki Booia (Pharmaceutical Benefits Scheme). E kona n raka am kabanemwane ngkana a bobuaka am bwatin, n ai aron ake a kakabonganaki ibukin te kaentia (bwain aorakian te kaentia).

Mwanenakin mwakuri ni kuakua.

A mwanenaki mwakuri ni kuakua ake e katauraoui am taokita, ao a bwaka iaan ana kainibaire te tautaeka are Bwainaraki ake ko riai n anganganaki (MBS). Kanoan te MBS bon taian mwakuri ni kuakua ma booia. Ti nangoa 100% Mwakuri ni Kuakua ibukin aikai:

- Am maroro ma te taokita (GP)
- mwakuri ni kuakua ake a katauraoui i tinanikum-te-onaoraki (n aron taan kuakua aika mwatai, ukeran aoraki, ao te x-ray), ma tiaki ibukin te bikoukou ke bukan te kakariki
- mwakuri ni kuakua inanon-onaoraki ake a reke iaan Mwakuri ni kuakua aika katauaki (n aron boon te tia korokoro ao te tia kamatu)
- mwakuri ni kuakua ake a kaboaki ma number te MBS (n aron te tutuo nte mata ao mwakuri ake a irekereke ma aoraki aika tikunako ao nabean aorakin te iango).

Kona riai ni kabwaka te okoro ni boo ngkana e raka ana tiaati te taokita iaon ara tia ni boo.

Te Kaokioki.

Ngkana ngkoe ke temanna are mena iaan am membwa e rangi-kakaiaiki aorakina ke mwaukuna, ao ti kunea, ao e kainanoa okiran abana, ti kona ni ibuobuoki ni baaronga okina ae ena iraki irouia taan kuakua (toki mai ieta \$100,000).

Ngkana iai te mate, tina kabooa aron kaokam ke nake a mena iaan am membwa ibukin okiran abana (toki mai ieta \$100,000).

Katauraouan bwaai ni kabane ake a kainanoaki ibukin te kaokioki e tiku taekana inanon baira.

A bwainaki kanoan te boraroui, n ikotaki ma te maan n tatanninga, tarebonira iaon 132 331.

Baika ko riai n atai ibukin Mwanenakin Aorakim ao Mwanenakin mwakuri ni Kuakua.

Manin te Tatanninga.

Manin te tatanninga e na reke iroum man kaainakin Medibank, ke ngkana ko bita kamanoakim ke mwanenakim nakon ae boou ke are iaona riki. Ti aki bae ni kabooi mwakuri ke bwaai ake kam kabooi inanon ami tai n tatanninga.

Kona bita am membwa nakoira?

Tao ko aki bae ni manga tatanninga ngkana ko reita Medibank uoua namwakaina imwin kitanan am tia kamanako ibukin marurungim are mai mwaina iaon Aotiteria, ma ko a tia n kakoroa nanon te maan n tatanninga ibukin te mwakuri anne.

Kakeaan te Tatanninga ibukin Kabuanibwai.

Ngke ko bon riai n tatanninga uoua namwakaina imwain ae waaki Mwanenakin Aorakim ao am bwai n aoraki, e kona ni kakeaki te tai n tatanninga anne ngkana ko reke n te Kabuanibwai ae karina imwiin kaainakin te kamanomano aio.

Manin te tatanninga

Akea	Anakim nte ambulance.
	Bwain aoraki i tinanikum-te-onaoraki (n aron am maroro ma te taokita).
	Kamarurungam man aoraki ake a kainanoa te onaoraki ao a ataaki bwa tiaki aorakim imwain ae ko membwa.
2 namwakaina	Kuakua ibukia mino, Kamarurung imwiin aorakim ao bwainarakan kanganga man aoraki aika akea Tokina (ni ikotaki ma aorakim imwain ae ko membwa).
12 namwakaina	Aorakim imwain ae ko membwa Aoraki aika memere, te aoraki ao aorakim, are n ana iango te taokita ae ti rinea, taian kanikina ke mwiin aoraki aika a riki i nanon onoua te namwakaina n karokoa imwain te bong are e moa iai kamanoam i aan te kainibaire ke n te tai are ko bita iai mwanenakim.
	Te bikoukou ao te bung.
	Aekakin nako bwain - Karekean te ikeike raoui n tain te matu (CPAP).

(reitana are iaana)

Rinean te onaoraki.

Iai ara babaronga ma angiiin taian onaoraki aika a kaboaki ao taabo ni korokoro n te ngaina i Aotiteria - aikai aika a kinaki bwa taian onaoraki aika ana Rinei nanoia iai Membwa. Ibutin mwakuri ni kuakua ake a kariaiakaki n **N onaoraki ake ana rinei Membwa**, ao tina kabwakaa boon tikum n te tairiki anne ao n te bong-naba anne n ruun te onaoraki n te ruu ae e ibuobuokaki ae kaboaki, te tararua ae taubobonga, boon te tabo n korokoro ao boon te tabo n bung. Ko na bon rangi ni karekea ae raioiroi ngkana ko nako n mena i aan onaoraki ake a bwaka iaan ana Rinerine te Membwa nakon are ana Rinerine ae Tiaki te Membwa ibukin onaoraki ake a kakaboaki, ngkana arona bwa te mwakuri n kuakua ake ko karekei e Kariaiakaki iaan mwanenakim.

Ni kakaea am onaoraki ae te kabanea ni kaan nakoim ake a bwaka iaan ana Rinerine te Membwa, kawara medibank.com.au/memberschoice. Onaoraki ake a bwaka iaan ana Rinerine te Membwa e na kona n iai te bitaki nako iai n te tai teuana ma teuana ao e aki tauraoi n taabo nako.

Ngkana ko bwainaoarakiaki n n **onaoraki ake a bwaka iaan ana Rinerine ae Tiaki te Membwa** ibukin mwakuri n kuakua ake a Kariaiakaki, ao kona bon kabwaka te mwaiti ae uarereke riki ao kona bon bae n kabanemwane ma kanoan-buam.

Ngkana ko bwainaoarakiaki bwa **te aoraki ae kona bon kabooi kabanemwane n ana onaoraki te botanaomata** ibukin mwakuri n kuakua ake a Kariaiakaki, ao tina kabwakaa boon tikum n te tairiki anne ao n te bong-naba anne n ruun te onaoraki n te ruu ae e ibuobuokaki ae kaboaki, te tararua ae taubobonga, boon te tabo n korokoro ao boon te tabo n bung. Ti na kabwakai naba boon ana tabo n kuakua ibukin aoraki ma kabuanibwa aika a karina te onaoraki ibukia te botanaomata, ai aron naba mabiao ibukin mwakuri ni kuakua ake a karekeaki n aia mwaanga ibukin kabuanibwai ao aoraki aika a karina ke aia mwaanga ibukin aoraki aika aki kakaiki.

Mwanenakin Bwainaoaraki (PBS).

Ti na kabwakai boon bwainaoaraki ake a katauaki ake a katauraaki bwa am bwainaoaraki n am onaoraki iaan mwakuri n kuakua ake a Kariaiakaki, imwiin are e a tia n tauaki am kabanemwane man te mwaiti anne. Mwaitin am kabwaka mwane bon te mwaiti are ko kantaningaaki bwa kona kabwaka n kaitarai boon bwainaoaraki ake a katauaki, ake a kaeti ma aron te kabwaka mwane iaan te PBS n katoa ririki.

Mwanenakin n te Onaoraki e aki rabwati mabiao ake ana reke iroum ibukin bwainaoaraki ake aki mwakoro iaan te PBS. Aio are nanona bwa e na kona ni bubura mwaitin te mwane ae ko na kabanea mai nanon-am-buua ngkana kainanoi taian bwainaoaraki aika a rangi ni boobuaka aika i tinanikun te 'PBS', n aron are e kamanenaaki ibukin te ibukin te kaentia (bwain aorakian te kaentia).

Am taokita ke te taokita ake a mwatai ake ko nano irouna.

Ko kona n rinea am taokita ke am taokita ae mwatai ngkana ko bwainaoaraki n onaoraki ake a kaboaki.

Bwaai ni mwakuri ni katokiaoraki ao bwain rabwatan te aomata.

Ibukin mwakuri ni kuakua aika Kariaiakaki, ti kabwaka boona mai inano n aron are koreaki iaan ana riiti te Tautaeke n Aotiteria ibukin bwaai ni mwakuri ni katokiaoraki ao bwain kaokan aron te rabwata.

Aekakin nako bwain - Karekean te ikeike raoi n tain te matu (CPAP).

E toki n \$500 te kataumwane iaon temanna te membwa ni katoa 5 te ririki ibukin tangoakin ke kaboan te mitiin ae kariaiakaki. Iai tuana, ko a warekia n Kairiaia Membwa

Te Boutoka ibukin te Marurung ae 24/7.

Membwa ake kaain te kamanomano ibukin te marurung man Medibank a kona n maroro ma neeti ke taan mwakuri n te kuakua iaon te iango aika a mwaatai n akea te raka n boo.#

Taetae iaon te tareboon ke iaon te intanete ma Ana Boutoka te Neeti man Medibank ae 24/7 ao Ana Boutoka te Tia Mwakuri n te Kuakua iaon te iango ae Mwaatai ae 24/7.

Tareboniia 1800 644 325 ke reitaki iaon te intanete n kabongana My Medibank.

Karaoa am akaunti i aonrain ma My Medibank.

Kabooua rogorogom, tuoa aron mwanenakin aorakim, bwa e na kona n karaoa te kabwaka mwane ao a mwaiti riki. My Medibank e anganiko te kona ni karaoi aron mwanenakin aorakim n te tabo ao n te tai are ko taku.

Ao tamaroana bwa, ko ti kabanea uoua te miniti n kariniko n te Medibank, n medibank.com.au/members

Ko kona naba n karuoa te app ibukin Medibank nakon am tareboon. Ti kakaea Medibank n nnen taian app ake a kakaruoaiki mai iai ao nakon medibank.com.au/mobile

Te Maiuraoi Riki (Live Better).

Te Maiuraoi Riki e bon katauraoi taian kaunganano ao kaumaki n buokia aomata bwa ana maiuraoi riki ao n maiuakina te maiu ae marurung. E onrake n taian kairiri ibukin aeka n maiu aika mwaiti, rongorongon te marurung, kakabwaia ibukia membwa, taian reirei ao bwaai aika a bati riki. Kawara medibank.com.au/livebetter ibukin am kan ataia riki.

Man tabeua taian mwakuri ni katokiaoraki aika ko kairaki nako iai ao e na kona n iai mwaitin te mwane ae ko na kabanea mai nanon am buua, ao e na kona naba n iai te tai n tatanninga ae e kona kantanningaia.

Moantaai n reitaki nakoira.

Kawarira moa

Imwaim kabaeen am tai ni bwainaoraki, tareboniira moa n titiraki ibukin mabiao ake a kona n reke iroum, e kona n totokoa banen kanoan am buua.

Bon te iango ae tamaroa kamatoan te mwaiti ae kona kooa n kabanea-man am-buua imwain karinakin te onaoraki (n aron boon te tia korokoro, te tia katoaa te tia korokoro ao te tia kamatu).

Rongorongo aika bongana.

N te tai are e bwainin n reke iroum taian mabiao man Medicare ke e bitaki aron tikum (n aron, koa matoa bwa ai kain te tabo ngkoe), te bwakamwaane aei e kona n aki tau. Taiako ni kaongoa Medibank ngkana iai te bitaki n aroarom ikai.

Kakimototoan rongorongon Mwanenakim e kona n kaboouaki n te tai teuana ma teuana. Ko kona n karuoa teina ae boou riki man My Medibank n medibank.com.au/members.

Kona kanga ni ukeuke riki

Te Kamanomano ibukin Te Marurung e kona n kau aroaro, ao anne bukina ae ti katauraao rinanin taeka aika bongana aika ko kona n noori n te intanete n medibank.com.au/glossary.

Te rongorongo aio e boou man 1 n Eberi 2026 ao n kona ni bitaki man te tai teuana nakon te tai teuana. Ngkana ko kan bita kanoan mwanenakim, reitaki nakoira iaon **132 331**. Te riki bwa te membwa n te 'Medibank Private' e bon kaeti ma te Tua ibukin Te Mwane ao kainibaire aika a kona n bitaki man te tai teuana nakon teuana ake a bane n kauarerekeaki rongorongoia n ara Boki n Kairiri ibukia Membwa.

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