



**Dr Andrew Wilson** – CEO Amplar Health

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### Amplar Health and Medibank's strategy to grow as a health company

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Expanding our network, enhancing healthcare access, choice and affordability



#### Meeting changing customer needs through partnering and investing in solutions led by health professionals



### Health and wellbeing



Preventative health: accessible, evidence-based programs to address specific health risks



Short stay and community care

- No gap and short stay: across multiple surgical modalities, giving patients more affordability and choice in how their care is delivered when clinically appropriate
- Community care: supporting customers' choice in where healthcare is delivered through programs such as Medibank at Home and CareComplete



Virtual, primary and integrated care

- Virtual health: more sophisticated remote patient technologies supporting diagnosis and treatment across multiple disciplines, e.g. joint venture with Calvary and joint venture with North Coast Health Connect (NSW North Coast)
- Primary care: Myhealth supports GPs in playing a greater role in patient-centred, coordinated care
- Integrated care: partnerships to support the provision of connected, effective and efficient care, e.g. iMH a joint venture between Medibank and Aurora Healthcare to deliver an integrated mental health care model

Scaling profitable health businesses that strengthen Medibank's customer proposition of value, choice and control and catalyse system change

<sup>\*</sup> Medibank acquired HealthStrong and HSS; Medibank has minority interests in East Sydney Private Hospital, Myhealth, Medinet and Adeney Private Hospital Hospital is operated by a joint venture between Medibank and Calvary. Medibank and a group of orthopaedic surgeons are supporting MQ Health to establish a surgical facility at Macquarie University Hospital. iMH is a JV between Medibank and Aurora Healthcare

### Amplar Health has an important role as health megatrends accelerate

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Supporting the growth of Medibank with strong foundational capabilities



# Consumerisation of health



# The shift to prevention



# The rise of new care settings



# Outcome-based care

# What's happening

A shift to personalised, connected experiences, with consumers taking greater responsibility for their health with technology playing a critical role

Focus on better managing and preventing diseases through health engagement and prevention programs New care settings that deliver quality care at lower costs, giving patients and providers more choice, value and control A connected system for patients, providers and our communities where incentives are aligned to health outcomes

### Emerging trends and opportunities

Consumer push for greater control<sup>1</sup>

Better health service integration, e.g., ePharmacy, teleGP

Preventative health spend expected to increase from <2% of Australia's total health expenditure to 5% by 2030<sup>2</sup>

Low current uptake of new care settings in Australia compared to OFCD countries<sup>3</sup> Medicare Taskforce recommendation to improve coordination and prevention with better use of data and incentives

<sup>1</sup> E.g., 32% Australians currently own a smartwatch or fitness tracker. Nielsen media release. Updated September 2021 2 National Preventive Health Strategy 2021–2030. Updated December 2021

### Shift to prevention will benefit the entire health system



Example: Myhealth and Medibank trial to improve access to support for eligible Medibank customers with type 2 diabetes

# Consumerisation of health



The shift to prevention



# The rise of new care settings



# Outcome-based care



## The problem

- Diabetes is the fastest growing chronic condition in Australia<sup>1</sup>
- 53% of diabetes is linked to being overweight and obese<sup>2</sup>
  Two-thirds of Australians are above a healthy weight<sup>3</sup>
- Can be difficult for customers to access and navigate care

### Medibank and Myhealth partnership

# How we respond

- New trial initiative allows Myhealth GPs to refer eligible customers directly to the Medibank Type 2 Diabetes Program
- Training to upskill Myhealth GP's about the program
- Trial has commenced in a select sample of NSW Myhealth clinics

#### **Customers**

- Access to the program that aims to support participants learn to manage type 2 diabetes through diet and lifestyle
- A supported referral pathway into the program that leverages the trusted relationship between the patient and their GP
- · Continuity and coordination of care for the patient

#### **Benefits**

#### Medibank

- Supports retention through personalised experiences to help customers with their specific health needs
- Differentiates our insurance offerings
- Reduces future benefit outlays

#### Health system

· Reduction in burden of chronic disease

#### **Current referral pathway**

Medibank customer is diagnosed with type 2 diabetes

Customer learns about Medibank's Type 2 Diabetes program



Customer self-refers into the program with endorsement from their GP



#### Myhealth / Medibank trial

Medibank customer is diagnosed with type 2 diabetes



Myhealth GP refers eligible customer directly into Medibank's Type 2 Diabetes program



#### Medibank Type 2 Diabetes Program

Established November 2020

#### Personalised care

Individualised goals for weight loss and meal planning, supported by a dietitian

#### Education and resources

Information about how to best manage type 2 diabetes and what to eat, plus practical aids like a food shopping guide, cookbook, weight loss scales and a measuring tape

#### Consultation with dietitians

Up to 10 video consultations with a dietitian experienced in type 2 diabetes and weight loss

#### Meal replacements

Up to 18 weeks of meal replacements, delivered at no extra costs

3 Source: Australian Bureau of Statistics 2017-2018 National Health Survey

<sup>1</sup> Source: Diabetes Australia. www.diabetesaustralia.com.au

<sup>2</sup> Source: Australian Institute of Health and Welfare study "Impact of overweight and obesity as a risk factor for chronic conditions" released 13 April 2017:

## The rise of new care settings in mental health

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Example: Medibank and Aurora Healthcare extending care to incorporate additional support services in home and in the community

Consumerisation of health



The shift to prevention



The rise of new care settings



Outcome-based care



## Customer need

How we

respond

- Continuity of mental health care and out-of-hospital support
- Greater access, choice and flexibility to mental health services, including outside an acute hospital setting, where appropriate
- c. 6 month wait for outpatient psychiatry over the past 2 years<sup>1</sup>

### iMH - an innovative and integrated mental health model

- 50/50 JV between Aurora Healthcare and Medibank (Amplar Health)
- 153 new mental health beds across 3 new hospitals in NSW and ACT
- Extends hospital care to incorporate additional support services including in-home care, telehealth and care coordination
- These services typically not included under a traditional psychiatric model

#### Customers

- iMH will look to provide these services at no additional cost for patients with eligible private health insurance<sup>2</sup>
- Aims to support long-term recovery with integrated inpatient and out-ofhospital care helping patients access support when and where they need it
- Model designed around individual needs and circumstances with treatment options beyond hospital-centric care

#### **Benefits**

#### Medibank

- Future share of profit
- Innovation in new care settings

#### Health system

- Helps address the growing demand for private mental health services
- Resources in mental health are appropriately used for differing customer needs

### MH - Aurora and Medibank JV

### \$31m<sup>3</sup>

Initial investment from the JV

3

new hospitals

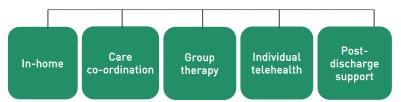
153

new mental health beds

#### Flexible care pathways and support



#### Range of additional mental health treatments (clinician led)

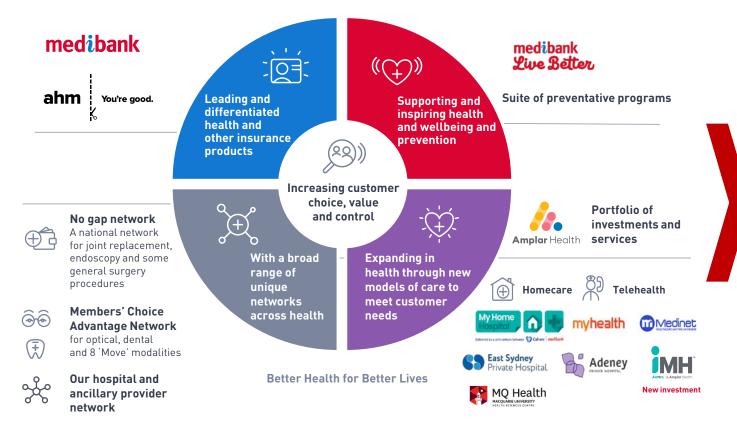


- 1 In the Aurora Healthcare network
- 2 Excess or co-payment may apply
- 3 Medibank's investment \$15.5m

## Our vision is to create the best health and wellbeing for Australia

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Amplar Health has a key role in delivering on our vision and further supporting Medibank customers



We are aiming to invest \$150m-\$250m inorganically over 3 years

Primarily in health and wellbeing, primary care and new care models (including additional short stay hospitals)

To increase scale, expand geographic coverage and add new capability