# **COVER SUMMARY TOP EXTRAS 85**

This provides an important summary of your cover and we recommend that you read and retain it. You can find out more about your membership by referring to the Member Guide, which is a summary of our Fund Rules and terms and conditions, or by calling us on 132 331.

#### 🔁 Extras cover

This table shows the extras services you can claim benefits for, annual limits and waiting periods that apply to these services.

If you visit a provider from our large Members' Choice network you'll generally get better value for money. At Members' Choice providers, you can take advantage of capped rates and receive a percentage of what you're charged back. When you visit a non-Members' Choice provider, you'll get back a fixed amount regardless of what the provider charges. As long as the provider is a Medibank recognised provider, benefits are payable for services or items included under your cover.

| Service category       | Example items and services   | Waiting<br>period | Amount you can claim        |                                 |  |
|------------------------|--|-------------------|-----------------------------|---------------------------------|--|
|                        |  |                   | Members' Choice<br>provider | Non-Members' Choice<br>provider | Annual limit<br>per member   |
| Ambulance<br>services^ | For eligible services where<br>immediate professional<br>attention is required | 2 months          | 100%                        |                                 | No annual limit  |
| Optical*               | Frames   | 6 months          | 100%                        |                                 | \$250  |
|                        | Prescription lenses  |                   |                             |                                 |  |
|                        | Contact lenses   |                   |                             |                                 |  |
| General dental*        | Preventative treatment   | 2 months          | 85%                         | Fixed benefit                   | No annual limit  |
|                        | Dental examinations  |                   |                             |                                 |  |
|                        | Scale and clean  |                   |                             |                                 |  |
|                        | Surgical dental procedures<br>(excluding hospital charges)                     | 12 months         |                             |                                 |  |
| Major dental*          | Endodontic services<br>(eg. root canal)  | 12 months         | 85%                         | Fixed benefit                   | \$1,200  |
|                        | Periodontics<br>(eg. treatment of gum disease)                                 |                   |                             |                                 |  |
|                        | Crowns, dentures and bridges   |                   |                             |                                 |  |
|                        | Major restorative fillings<br>(eg. veneers)                                    |                   |                             |                                 |  |
| Orthodontics           | Braces   | 12 months         | 100%                        |                                 | \$1,000 opening balance.<br>Top up of \$500 per year.<br>Up to \$3,000 lifetime limit. |
| Physiotherapy*         | Consultations  | 2 months          | 85%                         | Fixed benefit                   | \$700  |
|                        | Group pilates  |                   |                             |                                 |  |
|                        | Hydrotherapy sessions  |                   |                             |                                 |  |
| Chiropractic*          | Consultations only   | 0                 | 85%                         | Fixed benefit                   |  |
| Osteopathy             | <ul> <li>Consultations only</li> </ul>   | 2 months          | Fixed benefit               |                                 | Combined limit of \$500  |

|   |   | 14/ - 111         | Amount you can claim        |                                 | A 111 5                        |
|---|---|-------------------|-----------------------------|---------------------------------|--------------------------------|
| Service category  | Example items and services  | Waiting<br>period | Members' Choice<br>provider | Non-Members' Choice<br>provider | Annual limit<br>per member     |
|   | Consultations for naturopathy,<br>acupuncture and remedial<br>massage*  |                   | 85%                         | Fixed benefit                   |                                |
| Natural<br>therapies  | Consultations for exercise<br>physiology, reflexology,<br>kinesiology, Chinese and<br>Western herbalism, shiatsu,<br>aromatherapy, homeopathy,<br>bowen therapy, alexander<br>technique and feldenkrais   | 2 months          | Fixed benefit               |                                 | Combined limit of \$400        |
| Prescription<br>pharmaceuticals<br>(non-PBS)                | Includes most prescribed items<br>not subsidised by the<br>Government. Benefits will be<br>paid after a set charge has been<br>deducted. It's important to note<br>that we don't pay benefits for<br>oral contraceptives or for<br>pharmaceuticals prescribed for<br>cosmetic purposes. | 2 months          | Fixed benefit               |                                 | \$600                          |
| Podiatry*   | Consultations and approved orthotics  | 2 months          | 85%                         | Fixed benefit                   | \$500                          |
| Dietetics   | Consultations only  | 2 months          | Fixed benefit               |                                 | \$500                          |
| Psychology  | Consultations only  | 2 months          | Fixed benefit               |                                 | \$500                          |
| Speech therapy  | Consultations only  | 2 months          | Fixed benefit               |                                 | \$500                          |
| Eye therapy   | Consultations only  | 2 months          | Fixed benefit               |                                 | \$500                          |
| Occupational<br>therapy                                     | Consultations only  | 2 months          | Fixed benefit               |                                 | \$500                          |
| Health appliances<br>and external<br>prostheses             | Insulin delivery pens,<br>pressure therapy garments,<br>braces, splints, orthoses,<br>post-mastectomy brassieres<br>and external mammary<br>prostheses/breast forms   | 2 months          | Fixed benefit               |                                 | \$500                          |
| Breathing<br>appliances                                     | Peak flow meters, nebulisers and spacing devices only   | 12 months         | 100%                        |                                 |                                |
| Blood glucose<br>monitors<br>and blood<br>pressure monitors | Purchase of devices only  | 24 months         |                             |                                 | Combined limit of \$250<br>[1] |
| Hearing aids  | Purchase of devices   | 36 months         | 100%                        |                                 | \$1,200                        |

Benefit Replacement Periods apply. \* Members' Choice providers are available for these services only.

^100% for eligible services where immediate professional attention is required. QLD and TAS residents are covered by their state schemes. [Refer to the Member Guide for information.]

#### How do orthodontic benefits work?

Your orthodontic entitlement starts with an opening balance, which you can access once your 12 month waiting period is served. The balance is then topped up with an additional amount each 1 January following the completion of your waiting period up to a maximum lifetime limit.



<sup>+</sup> Includes benefits paid by Medibank or other private health insurers.

#### ? What does it mean?

**Members' Choice providers:** These are extras providers Medibank has negotiated with so you won't be charged more than the agreed price. Members' Choice providers are not available in all areas. To check whether a provider is a Members' Choice provider go to **medibank.com.au** 

Non-Members' Choice providers: These are extras providers recognised by Medibank but with whom we don't have an agreement.

**Waiting periods:** A waiting period is a period of time you need to wait after taking out your cover before you're entitled to receive benefits for services or items covered. You're not able to receive benefits for any items or services you might have obtained while you're serving a waiting period or before you joined Medibank.

**Transferring from another health insurer?** You may not need to re-serve waiting periods if you transfer within two months. Benefits paid under your previous cover will be taken into account in determining the benefits payable under your Medibank cover.

**Annual limits:** An annual limit is the maximum amount of benefits payable towards services, items or groups of services and/or items within a calendar year (i.e. 1 January to 31 December). The benefit we pay for services or items is likely to be less than your annual limit and less than your provider's charge, which means you may have out-of-pocket expenses to pay.

Lifetime limit: Once you've reached this limit you can no longer claim that benefit in any future year of membership, even if you change your cover.

**Fixed benefit:** This is the amount we will pay if you visit a non-Members' Choice provider. The amount of the fixed benefit depends on the cover you hold and the type of service or item you receive. It will generally be lower than the amount you would receive when you visit a Members' Choice provider.

## 🖞 Benefit Replacement Periods (BRPs)

This is the period of time you need to wait from the date of purchase for an item before you can receive another benefit to replace it. This is separate to the waiting period. Below are the benefit replacement periods that apply to your cover. These apply per member, unless otherwise stated.

Additional restrictions may apply to some individual dental item numbers and services. Please contact us prior to your treatment.

| Service category   | Items  | Benefit<br>replacement period |
|--|--|-------------------------------|
|  | External mammary prostheses and repairs of external prostheses | 12 months                     |
| Health appliances<br>and external prostheses             | Wigs, hip protectors and insulin delivery pens                 | 24 months                     |
|  | Other health appliances and external prostheses                | 36 months                     |
| Blood glucose monitors<br>and blood pressure<br>monitors |  |                               |
| Development  | Nebulisers and peak flow meters (per membership)               | - 36 months                   |
| Breathing appliances                                     | Spacing devices  |                               |
| General dental   | eneral dental Mouth guards*                                    |                               |
| Major dental   | ajor dental Dentures, crowns and bridges                       |                               |
| Hearing aids   | Hearing aids   | 60 months                     |

\*Members under the age of 18 are entitled to a benefit for a replacement mouth guard once every 12 months.

## Referral letter

A referral letter is required to claim benefits for some items under your cover. Refer to the Member Guide for more information.

#### 💮 How to find out more

Health insurance can be complicated, that's why we've prepared a glossary of useful terms that you can access online at **medibank.com.au/health-insurance/glossary** 

This information is current as at 30 September 2016 and subject to change from time to time. If you'd like to change your cover, please contact us on 132 331. Membership of Medibank Private is subject to our Fund Rules and policies which are summarised in our Member Guide.

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