

2014 Community Grants

Grant Recipient	Region	Program's aims and objectives	Grant amount
Bankstown Women's Health Community Garden	Bankstown, NSW	<i>Bankstown Women's Health Centre is a not for profit organisation run by women, for women, providing free or heavily discounted health and wellbeing services to help women take care of their physical, emotional and psychological wellbeing. The grant will be used to establish an organic garden that will be available to the wider community, to encourage growing, cooking and eating health food, social interaction and physical exercise. The garden will provide inclusive programs, targeting vulnerable community members, with hands-on skills in sustainable gardening, waste management and food preservation. There are plans to have regular visits and demonstrators from educators to the community garden on gardening skills, open days and cooking demonstrations.</i>	\$11,600
BEST Employment Ltd – Community Garden	Inverell, NSW	<i>BEST Employment supports young people with employment, mental health, training and other welfare related needs through a range of specifically targeted programs which aim to rehabilitate Indigenous juvenile offenders and initiate disabled people into the community. The BEST food garden will provide an opportunity for young people, the long-term unemployed, indigenous juvenile offenders and people with a disability with an opportunity to participate in a sustainable gardening program that benefits the wider community. The BEST Food Garden will educate participants to propagate and plant seedlings, grow and weed a garden and harvest vegetables, with the fresh produce to be delivered to elderly and disadvantaged members of the community.</i>	\$7,500

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Communities@Work Food Rescue	Greenway, ACT	<i>Communities@Work and their yellow food van collect and prepare 20,000 kilograms of otherwise wasted food from over 100 retail outlets to feed vulnerable men, women and children accessing domestic violence refuges, homeless shelters and youth-drop in centres. The grant will provide 10,000 meals to people in need, through Canberra's only food rescue service, the Communities@Work's Yellow Van Food. This service collects more than 20,000 kilograms of good food from over 100 retail outlets, which is then prepared as nutritious meals by volunteers and distributed to 90 local charities and refuges for people in need. By reducing the amount of food dumped as landfill, these Communities@Work programs have prevented 400,000 tonnes of toxic greenhouse gas emissions from entering the atmosphere and saved 700 mega litres of water used to produce and serve otherwise wasted food.</i>	\$10,000
Gunawirra Ltd	Lane Cove, NSW	<i>Gunawirra Ltd is made up of professionals who work together to teach Aboriginal and non-Aboriginal preschool children and their parents about nutrition in order to reduce the long term chronic health problems that affect the community. Developed in consultation with more than 30 NSW preschools, the Gunawirra Ltd Healthy Eating program aims to promote lifelong healthy eating habits and nutritional skills, and prevent chronic illness amongst local families. Skills will be taught to preschool children and their parents, through games, dreamtime stories, puppetry and social interaction. Through education and hands-on practical skills in preparing and cooking fresh food, the program aims to reduce the reliance of a large number of families on fast food.</i>	\$15,000

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Parkrun Australia	Varsity Lakes, QLD	<i>Parkrun provides free, weekly timed five kilometre running, jogging and walking events to local communities in order to encourage physical activity, promote a healthy lifestyle and improve social connectedness within local communities across New South Wales. Through the weekly planned Parkrun events, everyone has access to safe, organised physical activity that encourages people of all ages to increase their level of physical activity and improve their health. The grant will allow Parkrun to establish five running events in St Peters, Parramatta, Curl Curl, Mosman, North Sydney and Lane cove and pay for costly license and council fees and ongoing administrative costs.</i>	\$30,000
Penrith Women's Health Centre	Penrith, NSW	<i>Penrith Women's Health Centre aims to provide health services to women from culturally and linguistically diverse backgrounds with the programs and resources that will enhance their individual strengths and skills. The program has been developed to improve the physical, emotional and mental wellbeing of women from culturally and linguistically diverse backgrounds by providing health information in relevant languages, physical exercise and cooking classes. Childcare, transport and interpreters will be provided for participants and their progress will be tracked over the course of this 20 week program. The program focuses on improving women's overall sense of wellbeing, boosting their energy levels, increasing physical flexibility and decreasing the chronic pain experienced by participants.</i>	\$9,500
Pole Depot Community Centre	Penshurst, NSW	<i>Pole Depot Community Centre provides a range of social support services to more than 1,500 people each week living in the St George region and surrounding areas that aim to encourage the community to live healthy and active lifestyles. The health and wellbeing of 100 families in the St George area will be improved through a program that provides greater access to health and exercise programs. The program is specifically catered towards members of the community who traditionally face barriers undertaking physical activity such as people with a disability, over 55s, young mums and people from culturally and linguistically diverse (CALD) backgrounds.</i>	\$12,560

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St Vincent de Paul Society	Wentworthville, NSW	<i>St Vincent de Paul Society initiated The Buddies Mentoring program in order to encourage disadvantaged, primary school children in Sydney's most disadvantaged areas to make the right health and wellbeing choices in life. Through a range of cooking and highly engaging physical activities participants develop social skills, increase their health and fitness and enjoy eating and preparing healthy food. The program also gives children someone to look up to with each participant partnered with a volunteer young adult who acts as positive and aspiration role model and friend. Approximately 40 children from areas such as Mount Druitt, Toongabbie and St Marys will participate in the 10-day mentoring program over 12 months. Children will also be invited to an additional five day of mentoring at no extra cost to families.</i>	\$10,000
Hello Sunday Morning	Darlinghurst, NSW	<i>The Hello Sunday Morning (HSM) program is the only of its kind in the world providing individuals with an opportunity to change their relationship with alcohol and influence the drinking culture around them. The grant will allow Hello Sunday Morning to improve their smartphone app so they can deliver their program to all 19,000 HSM participants as opposed to only 6650 or 35% of those people. By building a more advanced smartphone app HSM will be able to support and encourage individuals to have a healthier relationship with alcohol, achieve weight loss and fitness goals and improve their overall mental health.</i>	\$50,000
Aspire Incorporated	Wellington, NZ	<i>Aspire Incorporated is a Wellington-based organisation dedicated to improving the quality of life of mental health sufferers and the homeless. Working in collaboration with local community groups Aspire aims to provide a safe place for clients to access health checks, peer support and other measures to support their rehabilitation. Aspire aims to provide awareness and training to support people on low fixed incomes to make healthy food choices. This initiative will help to combat the increasing number of clients presenting with health issues including diabetes, obesity, vitamin deficiencies and anaemia due to the rising costs of nutritious food.</i>	\$15,000

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Fair Food (Fair Food Trust)	Auckland, NZ	<i>Fair Food is Auckland's only food rescue operation that collects and redistributes surplus food that would otherwise go to waste to 2000 disadvantaged people each week. The grant will help to grow the successful food rescue operation, which has collected 82,000 kilograms of fruit, vegetables and bread and distributed them to community organisations in its 20 months of operation. Fair Food's expansion will enable more people to share the benefits of healthy fresh food, and for the wider community to share in the additional environmental benefits of reducing landfill, saving water and decreasing CO2 emissions.</i>	\$20,000
Rowley Avenue School	Christchurch, NZ	<i>Rowley Avenue School aims to encourage and support families from the lowest socio economic backgrounds in New Zealand to understand the enormous benefits healthy eating and exercising outdoors have on a person's physical, mental and emotional wellbeing. The grant will allow Rowley Avenue School to continue and build upon their successful 2013 weight loss and healthy living campaign into 2014. Rowley Avenue School also plans to continue and extend their program which helped disaffected youth deal with anger through outdoor education. The programs ultimately aim to increase the number of Pacific Island children participating and benefiting from outdoor physical activity and healthy eating.</i>	\$5,100
Ngati Tamaoho Trust	Auckland, NZ	<i>Ngati Tamaoho Trust aims to encourage New Zealanders of Tamaoho decent to take up physical activity, make healthier food choices and connect directly with the Tamaoho community. The grant will allow 300 people to participate in a yearlong healthy eating and group exercise program that will educate participants on how to motivate themselves to eat well and engage in regular physical activity. The program will also give Tamaoho people the opportunity to come together and celebrate their cultural heritage.</i>	\$10,000

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ALARA Qld Ltd	Ipswich, QLD	<i>Alara Qld is a support and respite service that aims to reduce the social isolation of people with a disability through healthy eating and cooking programs and low impact fitness classes that promote physical activity and community connectedness. Alara Qld will develop a sustainable working kitchen garden, which will be fully accessible to people who use wheelchairs or other aids to assist with their mobility. The kitchen garden will be used in conjunction with existing healthy eating and cooking workshops, providing a garden to plate experience that will enhance Alara's existing programs. The garden design will also incorporate designated spaces for group fitness activities, promoting increased physical activity.</i>	\$14,475
Bundaberg Baptist Family Day Care Scheme	Bundaberg, QLD	<i>After Bundaberg was named the fattest town in Australia last year, Bundaberg Baptist Family Day Care Scheme decided to initiate the Active Kids campaign which aims to combat obesity at a primary level and break the trend of overweight adults in the community. The Active Kids campaign will provide a 10-month healthy lifestyles program that will get local children moving through a range of free physical activities such as gym sport, yoga, football, dance and basketball. Starting in June 2014, the program will also provide nutrition and cooking workshop and encourage a more socially connected and active Bundaberg community.</i>	\$5,453
Positive Ageing Cairns	Cairns, QLD	<i>Positive Ageing Cairns encourages and supports all people over 50 to lead richer, healthier and useful lifestyles, particularly when preparing for retirement. The grant will allow 300 men and women over 50 to participate in The Steady Steps Falls Prevention Program, a 12 week exercise program that aims to build physical strength and stability and fitness, in order to decrease the prevalence of elderly falls and to prevent the onset of chronic illness.</i>	\$31,000

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Queensland Association for Healthy Communities	Eagle Farm BC, QLD	<i>The Queensland Association for Healthy Communities aims to facilitate change for lesbian, gay, bisexual, transgender and intersex people struggling with poor nutrition, energy deficiencies and obesity. This project attempts to address some of the health and wellbeing inequalities faced by lesbian, gay, bisexual, transgender and intersex communities, which include low levels of exercise, poor nutrition and obesity. The grant will enable the association to hold two, 10-week boot camps for up to 60 participants from 16-55 years of age in Brisbane, as well as host weekend workshops that teach people about portion control, how to cook nutritious, healthy meals for one and the key tips to buying fresh, seasonal produce.</i>	\$10,000
Queensland Police Citizen Youth Welfare Association	(Redlands Branch) Redlands, QLD	<i>'Be Deadly Get Active' is an initiative from the Queensland Police Citizen Youth Welfare Association that aims to break down barriers for community members to participate in sports and recreation by encouraging the Indigenous community to engage in physical activity. The MCF grant will fund two programs under this initiative - Mob Fit, a 30 week group fitness program to be located at Redlands, Wynnum/Manly and North Stradbroke Island, along with Active Holidays to provide sport and recreational activities during the school holidays for disadvantaged Indigenous youth. The program will give participants opportunities to be involved in activities that they would not normally get the chance to participate in such as surfing, rock climbing, sand boarding and ice skating.</i>	\$13,600
Queensland Police Citizen Youth Welfare Association	(Burdekin Branch) Ayr, QLD	<i>Queensland Police Citizen Youth Welfare Association at the Burdekin Branch are giving families living in extreme poverty the opportunity to access KinderGym classes which enhance the physical, social and cognitive development of young children and invite parents to socially connect with the community. The grant will allow PCYC Burdekin to allow 20 local families to access KinderGym at a subsidised rate and provide free transport to and from the classes. Additionally Burdekin PCYC will use the KinderGym as a platform to provide information and awareness on other relevant issues including child nutrition and literacy programs.</i>	\$14,800

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Queensland Police Citizen Youth Welfare Association	(Beenleigh Branch) Beenleigh, QLD	<i>Queensland Police Citizen Youth Welfare Association at the Beenleigh Branch will provide targeted youth fitness before school program to 100 young people at risk of obesity and crime followed by a free nutritious breakfast and school walking group. The program will promote fitness and healthy weight, confidence, motivation, self-discipline and lead to reduced crime and drug use. The program also aims to improve school attendance and performance, and will be coached by uniformed police, with assistance from community volunteers, health workers and Medibank employees.</i>	\$5,800
Somerset Regional Council	Esk, QLD	<i>Somerset Regional Council has developed an adventure based education and peer mentoring program targeted towards 60 young people to address the prevalence of poor health leading to obesity and the inherent lack of peer-leadership in the community. An adventure based education and peer mentoring program aims to engage 60 young people across the region to train as peer mentors and educators. The "Healthy and Active" program will cover healthy eating and nutrition, active lifestyles, sports, leadership, teamwork and active citizenship, delivered through an introductory two day camp and followed up by a five-day training camp at the Stanley River Environmental Education Centre. Participants will be trained to run activities, clubs or programs within their schools and communities promoting healthy and active lifestyles.</i>	\$19,940

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Life Education NT	Nightcliff, QLD	<p><i>Life Education Northern Territory is a community-based, independent organisation which teaches positive and preventative drug and health education to regions in Central Australia with high Indigenous populations.</i></p> <p>The grant will allow Life Education NT to continue their positive influence on 6,800 students each year and establish a permanent presence in Central Australia, providing health and drug education programs to schools within the region. These programs will support teachers and families within the community by providing vital educational tools to reinforce the healthy messages throughout the year, whilst linking with current curriculum. 2000 primary, middle and senior school students will have access to the program, with classes to be held in the Life Education Mobile Learning Centre in remote areas. In addition community health forums will be held within the schools for the broader community, to spread the benefits of maintaining healthy lifestyle choices to a wider audience.</p>	\$35,000
Power Community Ltd	Port Adelaide, SA	<p><i>Established by the Port Adelaide Football Club, Power Community delivers healthy lifestyle education to thousands of school children ever year.</i></p> <p>The Empowering Youth program encourages secondary school students aged 14 to 16 to make the right choices in relation to their health, wellbeing, education and future career path. The program gives students the opportunity to participate in a fun and engaging healthy lifestyle program which promotes nutrition, physical activity and critical education on smoking and alcohol. The healthy eating and lifestyle program incorporates decision making, leadership, role modelling and goal setting and provides students with the opportunity to connect with Port Adelaide Football Club players.</p>	\$25,000

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Red Hot Arts Central Australia	Alice Springs, NT	<i>Red Hot Arts Central Australia (RHACA) is an arts incubator that fosters arts innovation, development, collaboration and entrepreneurship in Alice Springs and Central Australia region, in order to bring about positive change in the community. Funding will be used to deliver a program for 4 to 12 year old children and their families, to educate them about food security, healthy eating habits and encourage the planting of food in their own gardens. The program will involve a range of activities including sensory performance, a family obstacle course, and writing session. Participants will be given the opportunity to work with artists to create a float for the Alice Desert Festival parade, which will provide positive messages about health and wellbeing.</i>	\$8,000
Special Olympics South Australia	Mile End, SA	<i>Special Olympics South Australia aims to support to athletes with an intellectual disability through a program that teaches them how to focus, maintain a healthy lifestyle and achieve a competitive fitness level in time for the 2014 Special Olympics National games. Following on the from a successful fitness program in 2013, Special Olympics South Australia (SOSA) will extend the program, with focus on the health and fitness of athletes who will compete at the Special Olympics National games in October in 2014. The regular fortnightly training program will test the fitness levels and health of the athletes and develop an individual program to ensure they are fully fit and healthy to cope with the pressure of competition.</i>	\$5,000

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Whyalla Men's Shed	Whyalla Norrie, SA	<i>The Whyalla Men's Shed (WMS) is a grass roots community based organisation that aims to engage men in a positive and friendly environment in order to promote healthy lifestyle choices that will improve their physical and social wellbeing and reduce the risk of chronic disease and mental illness. The MCF grant will give Whyalla Men's Shed the resources to build an outdoor area that will allow them to reach out to men of all ages and backgrounds and encourage them to come together in a sociable, non-judgmental positive environment. Currently comprising of 20 active members, the shed aims to create an environment where older men can mentor younger men from disadvantaged backgrounds and improve their overall social and emotional wellbeing through friendship, camaraderie and hands-on activities such as woodwork, metal work, lead lighting and computing.</i>	\$7,300
Yankalilla Area School	Yankalilla, SA	<i>Yankalilla Area School will create an edible Kitchen Garden program to promote organic gardening methods, sustainability, healthy eating and physical activity to 210 primary school students. The program focuses on creating a sustainable, healthy environment with an emphasis on working together to grow, harvest and prepare produce, and to cook and share healthy meals. It fosters a learning environment that changes approaches to water, waste, energy, biodiversity, sustainability and individual and community health. The Edible Kitchen Garden also provides students with the skills to make healthier food choices, and teaches them skills associated with recycling, sustainable living, plant science, Indigenous foods and culture, community service and enterprise education.</i>	\$20,000

2014 Community Grants

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Blind Sports Victoria	Kooyong, VIC	<i>Blind Sports Victoria (BSV) is dedicated to increasing and providing opportunities for blind or vision impaired people to become active in sport and recreation throughout Victoria. A soccer program which has made a major impact on the lives of blind and vision impaired children in the City of Darebin will be extended to the Melbourne CBD, northern suburbs and Bendigo thanks to the Medibank Community Fund. In partnership with Melbourne Heart Football Club, Blind Sports Victoria (BSV) has been and will continue to run blind soccer clinics to help build skills and fitness among blind and vision impaired children, who generally have fewer opportunities to participate in physical activity programs. The blind soccer clinics encourage skills development through use of adaptive equipment, including audible balls containing ball bearings. By participating alongside sighted players who wear blindfolds, vision impaired children become more connected to their community, gaining confidence and new skills.</i>	\$10,846
Colac Secondary College	Colac, VIC	<i>Colac Secondary College runs a free 'Breakfast Club' program that provides a range of healthy alternatives for year seven and eight students who don't have access to breakfast. The grant will allow the college to extend its program to the senior school and demonstrate the importance of eating a nutritional breakfast. The program addresses the issue of food security in the Colac-Otway Shire, which is home to many families from low socio-economic backgrounds that are more susceptible to making unhealthy food choices due to monetary restraints. 'Breakfast Club' aims to assist students with their physical and mental wellbeing so they can be sustained throughout the day in order to reach their full academic potential. The success of the 'Breakfast Club' has also paved the way for a 'Fruit Frenzy' program which provides a healthy snack to students from years 7-12 is run on a Tuesday afternoon.</i>	\$5,000

2014 Community Grants

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Glenroy Neighbourhood Learning Centre	Glenroy, VIC	<p><i>Glenroy Neighbourhood Learning Centre is an adult community education provider and neighbourhood house that aims to establish a community garden for migrants and refugees to care for so they can learn the vital life skills of growing and cooking fresh, seasonal food. The community garden will be built by participants of the local Men's Shed allow recently arrived migrants and refugees to be a part of a community project that promotes health and wellbeing and social interaction. The long term aim of the program is to publish a cookbook of recipes learned and created by participants as a means to subsidise the ongoing operation of the garden. If community demand remains high Glenroy Neighbourhood Learning Centre would also introduce leisure activities focused on fitness, health, and wellbeing.</i></p>	\$12,815

2014 Community Grants

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Leisure Networks	Geelong, VIC	<i>Leisure Networks through their 'sportsaccess' program helps primary school children from families experiencing financial hardship and social disadvantage to get involved with sport. The MCF grant will allow Leisure networks to work with local primary schools, businesses, sports suppliers and clubs in suburbs throughout Geelong in order to increase participation and utilise benevolent funding that can change unhealthy habits and behaviours early. sportsaccess is about prevention rather than cure. The program engages local primary schools to select students they feel would most benefit from participating in a sporting club. Leisure Networks then makes the connection between the club and family, and provides financial support for participation. This support increases participation, encourages social connectedness and improves the health status of young people and their families in Geelong's Eastern suburbs.</i>	\$6,500
Murray Valley Aboriginal Co-op	Robinvale, VIC	<i>The Murray Valley Aboriginal Co-op aims to encourage Indigenous elders and youth in Robinvale to participate in a boot camp followed by a luncheon in order to promote healthy eating and physical exercise. The boot camps will be tailored to each age group with personal trainers working alongside older participants in order to teach an appropriate exercise program that will assist in maintaining mobility and muscle tone. Dieticians will also provide information on portion sizes and how to eat the right nutritional foods throughout the luncheon. The fitness and healthy eating program will also allow Indigenous people both young and old to mentor each other in the hope that the vicious cycle of unemployment and drug and alcohol reliance can be broken.</i>	\$15,000

2014 Community Grants

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Parklands Albury Wodonga	Wodonga, VIC	<i>Parklands Albury Wodonga aims to design and construct two mountain bike tracks networks to connect young people with the community and encourage people of all ages to work together on a project that promotes physical exercise. The project is about building a partnership culture through connecting a wide diversity of the community in the planning, implementation and celebration of two community park projects in Baranduda and West Wodonga. Young people from 12 to 25 years of age will build partnerships with disengaged youths and participate in the construction of the mountain bike track through working bees headed by Parklands Rangers. Community members from Albury Wodonga Mountain Bikers Inc, Friends of Felltimber Creek, Baranduda Landcare Group and Albury Wodonga Military Area will also be involved with the planning and implementation of the tracks. The tracks aim to create a sense of civic responsibility, increase community engagement and encourage young people to partake in physical exercise while protecting Indigenous cultural heritage.</i>	\$18,000
Portland Community Garden Landcare Group	Portland, VIC	<i>Portland Community Garden Landcare Group Inc (PCGLG) in association with Dhauwurd Wurrung Elderly Citizens Health Aboriginal organisation will create a vibrant community garden, heritage orchard and communal meeting place for people to come together and enjoy fresh produce. The grant will allow PCGLG allow 500 volunteers throughout the community to develop the garden and a market area for people to grow food, tend to the garden and learn essential life skills like harvesting, cooking and building relationships. The project is dedicated to involving people from across the shire of Glenelg regardless of their age, race or ability.</i>	\$10,000

2014 Community Grants

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Touched by Olivia Foundation	Drummoyne, NSW	<i>Touched by Olivia Foundation works with local governments to develop inclusive play spaces where children of all abilities and ages can play side by side and acquire vital social and communicative life skills. The MCF grant will enable the City of Casey and Touched by Olivia Foundation to build the first inclusive play space for Melbourne's south east, in Lyndhurst. The aim of the project is to provide a play space that is easily accessible to residents, some who currently have to travel for over an hour to access inclusive play opportunities. The play space will cater for all abilities and encourage outdoor play experiences, improve health and wellbeing and create a valuable community asset, with a permanent and lasting legacy.</i>	\$22,400
Fair Game Sports Equipment	Perth, WA	<i>Fair Game is a health promotion and community development charity that recycles donated sports equipment and uses it to deliver unique fitness, health and wellness programs to underserved communities in need. The grant will allow Fair Game to continue to operate three unique initiatives which reach 2000 people and help to reduce the rates of communicable diseases, lifestyle related illness, improve mental well-being and build social cohesion. Through the <i>Recycle and Donate</i> program sports equipment and clothing is recycled and donated to communities in need, to help encourage children's participation in physical activity. The <i>Game On!</i> initiative encourages communities to get active through participation in unique sport-based team games, fitness challenges, dance, Indigenous yoga and wellness programs. <i>Healthy Communities</i> provides trained volunteers to engage with communities and integrate fun education sport and fitness sessions. The sustainability of this education is ensured through the Fair Game back pack which is given to each participant and contains various health items that are vital for the continuation of the health practices taught across the three unique, educational programs.</i>	\$20,000

2014 Community Grants

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JSW Training & Community Services		<i>JSW Training & Community Services and its 'Tone Up Tuesday' program aims to provide interactive and engaging health activities to young people that promote physical exercise, healthy cooking and food budgeting. The program grapples with the long-term physical and psychological effects of obesity and teaches young people how to take responsibility for their own health and wellbeing. Each Tuesday participants will participate in a one hour fitness session at a local gym, and have access to the City of Busselton's Community Garden Project where they will learn skills in growing locally grown produce. Participants will design their own healthy menus and gain nutritional knowledge, experience the taste of fresh foods and learn preparation and safe food handling procedures. At the end of the program there will be a cook off where participants will get to show off their new skills to the community.</i>	\$20,167
Mission for Improvement and Boosting Services to the Community	Morley, WA	<i>The MCF grant will enable the Mission for Improvement and Boosting Services to the Community (MIBOSCO) to initiate the "Eat well, live well and do some exercises for life" program for newcomers to Perth so they can seamlessly integrate into Australia society. The program aims to respond to the needs of new families migrating to Australia with a strong focus on providing basic health education through informative sessions that promote a healthy diet, physical activity and self-confidence. Approximately 245 people including single mothers from cultural and linguistically diverse backgrounds with a history of being sexually abused will participate in the free integration program.</i>	\$25,000

2014 Community Grants

Moorditj Training & Community Services	Pingelly, WA	<i>The Moorditj Youth Foundation Aboriginal Corporation will deliver a 'Healthy Lifestyles Program' targeted towards 100 Indigenous young people from 16 to 24 years of age. The 'Healthy Lifestyles Program' will encourage young people to participate in two fitness classes and 'Healthy Tucker' sessions per week while learning how to cook nutritious meals for the whole family. Those participating in the program will also have access to craft and other activities to help prevent them from engaging in at-risk behaviour. The Moorditj Youth Foundation Aboriginal Corporation also aims to stimulate greater community connectedness by providing a safe and culturally appropriate setting for Indigenous youth to participate in.</i>	\$10,000
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Port Boulevard Surf Life Saving Club	Mandurah, WA	<i>Port Bouvard Surf Life Saving Club is teaming up with Intework disability support agency to reduce the number of drowning's nationwide through an inclusive education program that builds stronger communities. Together with Intework, Port Bouvard Surf Life Saving Club (PBSLSC) will develop pathways in rescue and community training which will allow people with disabilities to enjoy and appreciate both the beauty and the danger of the beach. The grant will also allow PBSLSC to give Intework clients the opportunity to people with disabilities the opportunity to participate in well established accredited programs that can be modified to suit their abilities. The program also allows clients to "have a go" and develop skills in paddle boarding, and surfing, achieve success in Aquatic Rescue and First Aid and give back to their community by participating in beach patrols.</i>	\$40,010



2014 Community Grants

The Salvation Army	Perth, WA	<p><i>A community garden will be established at Harry Hunters Rehabilitation centre so that past and present people in homeless, drug and alcohol rehabilitation programs can come together and support each other, while building relationships with people in the local community. By cultivating and growing fruit and vegetables in individual garden beds people will gain a sense of ownership that will boost their self-esteem and motivate them to care for their produce and more importantly their own health and wellbeing. The garden will raise awareness on issues of homelessness and drug and alcohol addictions and pave the way for sufferers to recovery in a supportive, inclusive environment. The Salvation Army also aims to develop a monthly community meal and fellowship time for people to experience the joys of growing, harvesting and cooking with their own fresh, seasonal produce.</i></p>	\$5,000
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