

No Gap Joint Replacement Program

medibank

Questions to ask before your total joint replacement.

These questions have been developed as a guide to help you be better informed, prepared and confident with your health care options.

Questions to ask your GP

- Is this the right procedure for me?
- What are my alternatives?
- What is the implication or risk in delaying or not having this procedure?

Questions to ask your participating surgeon

- Can you explain the procedure so I can understand what to expect?
- What will my out-of-pocket cost be for this procedure?
- Will there be any unexpected assistance fees?
- What do I need to do to prepare for my procedure and to achieve the best recovery?
- What support is available from my surgeon and physiotherapist to prepare me for the procedure?
E.g. pre-admission joint school
- Do I need to stay in hospital and can I go home sooner?
- Will I need any type of rehabilitation (in hospital or at home?)
- Who will be my anaesthetist?
- What is the post-surgical pain management strategy on discharge?
- What post procedure/discharge support will I require?
- How soon can I walk, return to normal physical activity and work?
- What follow up information do I need for my GP and how will they receive it?

Questions to ask your anaesthetist

- What type of anaesthetic will I be receiving and will I be 'awake' during the procedure?
- Will there be any side effects from the anaesthetic, and how long does it take to leave my system?
- How will I be able to manage my pain after the procedure?
- Will I be charged any out-of-pockets for your services?

Questions to ask your physiotherapist (at home support)

- How can I prepare for surgery?
E.g. learn to use crutches or undertake strengthening exercises
- Following surgery who will support me to get out of bed to walk for the first time and what mobility aids and supports might be required so that I feel confident at home?
- What is the role of physiotherapy during my at home recovery?
- Will I be charged for equipment?
E.g. crutches
- Will I need to attend community rehabilitation?
E.g. hydrotherapy

Need more information?

Our Medibank Health Support team is on hand to answer enquiries about the No Gap Joint Replacement Program, including eligibility and participating hospitals.



Call us 9am and 5pm AEST
weekdays on 1300 733 338



Or visit:
medibank.com.au/no-gap-joints